

THE BIBLE ON ANGER

What God thinks about it; why to avoid/control it;

Proverbs 12:16 – A fool's wrath is quickly and openly known; but a prudent man ignores an insult. (Amp).

Proverbs 14:29 - He who is slow to anger has great understanding, but he who is quick-tempered exalts folly. (NAS)

Proverbs 15:1 – A gentle answer turns away wrath, but a harsh word stirs up anger. (NIV)

Proverbs 15:18 - A hot-tempered person stirs up conflict, but the one who is patient calms a quarrel. (NIV)

Proverbs 16:32 – He who is slow to anger is better than the mighty, and he who rules his spirit than he who captures a city. (NAS)

Proverbs 19:11 - The discretion of a man makes him slow to anger, and his glory is to overlook a transgression. (NKJV)

Proverbs 29:11 – A shortsighted fool always loses his temper *and* displays his anger, but a wise man uses self-control and holds it back. (Amp)

Proverbs 30:33 – As the churning of cream yields butter, and a blow to the nose causes bleeding, so anger causes quarrels. (TLB)

Ecclesiastes 7:9 - Do not be quickly provoked in your spirit, for anger resides in the lap of fools. (NIV)

Ephesians 4:26 – Be angry, and yet do not sin; do not let the sun go down on your anger. (NAS)

James 1:19,20 - Understand this, my dear brothers and sisters! Let every person be quick to listen, slow to speak, slow to anger. For human anger does not accomplish God's righteousness. (NET)